



# Join us!

## Gymnastics Programs for children with Special Needs Eva James Memorial Community Centre

### Coaching Staff

Our Coordinators have their Level 2 and our Supervisors have their Level 1 National Coaching Certifications. All Coaches undergo mandatory Police Reference Checks, attend the City of Ottawa trainings and are certified in CPR Level C and Standard First Aid.

Gymnastics classes for children with special needs will be assigned a special needs worker in addition to the regular gymnastics coaches.

### Equipment

Gymnastic equipment used includes: Floor strips, beams, parallel bars, uneven bars, vaults, horses & mini tramps.

### Registration

Parents and/or guardians must contact Jodie Gilvear at 613-580-2424 ext. 41226 prior to registration.

### Junior Gym

Learn basic gymnastics skills as you are introduced to various gymnastics equipment.

4-5 yrs	Sat	12:20-1:05 pm
Oct 15-Dec 17	\$103.25	668720
Jan 7-Mar 10	\$103.25	672292

### Gymnastics

Our recreational gymnastic classes use traditional equipment to teach beginner to intermediate gymnastic skills. Groups are divided according to age and ability.

6-12 yrs	Sat	12:20-1:20 pm
Oct 15-Dec 17	\$137.50	669130
Jan 7-Mar 10	\$137.50	672383

